



Before you seek
the final win,

漢書





conquer first
the war within.

讓
世
青





Stand like earth,
still and strong;

王羲之





know your path,
walk it long.

丁巳年





無心
畫

Build skill
on steady ground;



quiet roots
will hold you sound.



Flow like water,
clear and free;

無心





shift with each tide
you see.

無心





When walls appear,
don't push in vain;

A traditional Chinese ink wash painting on aged paper. It depicts a person in a long, flowing robe and a topknot, walking away from the viewer down a narrow, winding path. The path is flanked by high, craggy rock walls. The person is holding a long staff or sword. The style is minimalist, using varying shades of ink to create texture and depth. The overall mood is contemplative and serene.

find openings,
move again.



Burn like fire,
fierce but wise;

無常





wait for truth
before you rise.

東毫



Speed without timing
can cost you the race;

齊宸德



calm knows the time,
place, and pace.



Move like the wind,
silent and light;



study your rival
before you fight.

看
吏
吏





Learn what they show,
learn what they hide;

青文錄





then choose your road
and trust your stride.

楠
東





Enter the void,
let noise depart;

南懷仁





release your fear
and hear your heart.

南懷瑾



蕭叔律



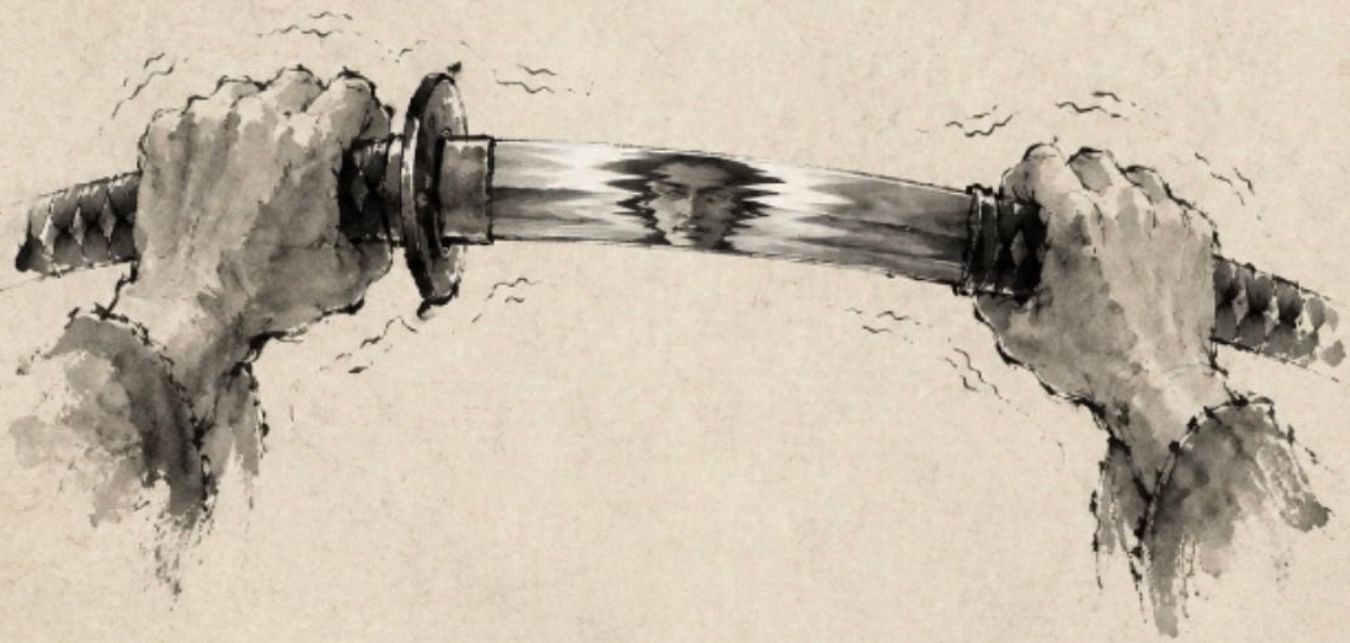
When pride no longer
pulls your heart,



貢壽



then clear action
can start.



A sword is useless
in unsteady hands;

施肇基





a restless mind
obeys no plans.

卷六





Train in silence,
day by day;

東寺





practice slowly
shapes your way.

椅亭





Do not chase victory,
praise, or fame;



master yourself—
that is the game.

中島隆





青華
印

The greatest battle
is not outside;



it lives in anger,
fear, and pride.

青々堂





Win there first,
and you will find:

老翁護





no stronger weapon
than a peaceful mind.

護心集



GOLDEN LIGHT